



El Origen Es Puro (Spanish Edition)

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Venerable Master Miao Tsan

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In *The Origin Is Pure*, Venerable Master Miao Tsan of the Vairocana Zen Monastery uses traditional Zen koans to reveal how to live in accordance with the nature of the Mind. He clarifies common misunderstandings about religious teaching and provides readers with specific ways to create positive spirits and peaceful daily lives. In the past, life centered around cultural, moral and religious notions that varied from region to region. Today, power and products define contemporary success, and many people find their feelings and ideas dictated by interactions with the world around them. They have lost their connection to the infinite creative force, the divine within. As globalization and the flood of information accelerate the breakdown of traditional systems, ego becomes the true God—or the true Buddha. People perceive reality in terms of "inner" and "outer," and this dualistic approach to life creates problems for the individual, for groups and even for nations. With insight gleaned from the wisdom tradition of Zen and many other philosophical disciplines, Master Miao Tsan explains to readers of all religions that it is only by inwardly breaking through the ego that we can truly access our ability to change.

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About the Author

Venerable Master Miao Tsan is the abbot of Vairocana Zen Monastery in Garden Grove, California. He has conducted hundreds of meditation courses as well as several Zen-Seven and Zen-Three retreats in the United States, Mexico, and Taiwan. He lectures extensively and has given meditation courses and interviews at universities and medical centers around the world. He is the author of *Just Use This Mind: Follow the Universal Truth to Oneness of Mind, Body and Spirit*.

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